

# Menstruation: sharing experiences from the global north and south

Monday 4 – Wednesday 6 October 2021  
Hybrid conference

**Convenors:**

**Professor Kay Standing**, Liverpool John Moores University

**Dr Sara Parker**, Liverpool John Moores University

**Dr Stefanie Lotter**, SOAS University of London



The British Academy

**This is a hybrid conference with speakers either participating in-person (P) at the British Academy or virtually (V) as indicated below.**

**Day 1: Monday 4 October 2021**

- 12:30        **Session 1: Menstruation in the global north and south**  
Chair: Dr Stefanie Lotter (SOAS University of London) (P)
- Dignity without Danger Team (P)  
Overview and introduction from Professor Kay Standing  
(Liverpool John Moores University)
- 12:45        Professor Chris Bobel (University of Massachusetts Boston) (V)  
What we talk about when we talk about menstruation
- 13:10        Dr Puleng R Letsie (UNAIDS) (V)  
Menstrual health in the global south
- 13:30        Audience questions
- 14:00        Break
- 14:30        **Session 2: Menstrual inclusion**  
Chair: Sapana Basnet Bista (Liverpool John Moores  
University/Sightsavers) (P)
- Jane Wilbur (London School of Hygiene & Tropical Medicine)  
(V)  
Disabling menstrual barriers in Nepal
- 14:45        Sarita Lamichhane (Prayatna Nepal) (V)  
Menstruation and disability in Nepal
- 15:00        Rachel Weiss (Menopause Cafe) (V)  
Menopause Cafes: inclusive conversations about the menopause
- 15:15        Audience questions
- 15:35        Break
- 16:00        **Session 3: Period poverty and the pandemic**  
Chair: Professor Kay Standing (Liverpool John Moores  
University) (P)
- Dr Kirsten MacLeod (Edinburgh Napier University) (P)  
'Bleeding Free' – a documentary on period poverty and  
menstrual health education in Scotland and Uganda
- 16:15        Natalie Denny (The Period Project Merseyside) (V)  
Period Poverty UK

- 16:35 Dr Bee Hughes (Liverpool John Moores University) (P)  
Blood, thread & lockdown: Being menstrual artist in residence during a pandemic
- 16:55 Audience questions
- 17:15 End of first day of conference  
Drinks reception for in-person attendees
- 18:30 Drinks reception ends

**Day 2: Tuesday 5 October 2021**

- 10:00 Workshop on representing menstruation (in-person only)
- 12:00 Lunch break (lunch not provided)
- 13:00 **Session 4: Visualising menstruation**  
Chair: Dr Stefanie Lotter (SOAS University of London) (P)  
Welcome remarks
- 13:05 Dr Sara Parker (Liverpool John Moores University) (P) and  
Professor Madhusudan Subedi (Tribhuvan University of Nepal) (V)  
Dangers of a single narrative: the need for multimedia creative visual outputs
- 13:20 Dr Sara E. Baumann (University of Pittsburgh) (V) and Pema Lhaki (Nepal Fertility Care Centre) (V)  
Visual and participatory research methods in menstrual research: the case of collaborative filmmaking in Nepal
- 13:35 Sophie Maliphant (The Country That Shook / Kumari's Adventures with her Moon Cycle) (P)  
Kumari's Adventure with her Moon Cycle
- 13:50 Audience questions
- 14:10 Break
- 14:30 **Session 5: Menstruation education**  
Chair: Dr Sara Parker (Liverpool John Moores University) (P)  
  
Alfred Muli (Iris Group, for USAID-funded WASHPaLS) (V) and Dr Whitney Fry (Iris Group, for USAID-funded WASHPaLS) (V)  
Engaging men to improve MHM in the workplace: applying appreciative inquiry in a co-design process with employees who menstruate
- 14:45 BK Shrestha (Global Action Nepal) (V)  
Menstruation education: the need for a creative toolkit

- 15:00 Dr Sarah Zipp (University of Stirling) (P)  
Menstruation in motion. Menstrual health education and sport:  
Perspectives from Zambia and the UK  
*Co-authored with Dr Lombe Mwambwa (University of Zambia)*
- 15:20 Audience questions
- 15:40 Break
- 16:00 **Session 6: Menstrual research and policy**  
Chair: Professor Kay Standing (Liverpool John Moores University) (P)
- Thérèse Mahon (WaterAid) (V)  
Integrating menstrual health for global health and gender equality
- 16:15 Professor Penelope Phillips-Howard (Liverpool School of Tropical Medicine) (V)  
Research priorities for menstrual health
- 16:30 Alethea Osborne (Mannion Daniels) (V)  
Period pollution: facts and solutions
- 16:45 Audience questions
- 17:00 End of second day of conference

### **Day 3: Wednesday 6 October 2021**

- 12:30 **Session 7: Menstrual products and sustainability 1**  
Chair: Dr Stefanie Lotter (SOAS University of London) (P)  
Welcome remarks
- 12:40 Becca Bell (Hey Girls) (V)  
Period dignity in the public sector
- 13:00 Dr Supriya Garikipati (University of Liverpool) (P)  
What's the bleeding problem? Period poverty, information failure and consumer preferences in the global south
- 13:20 Rubina Raut (WUKA) (P)  
From sari rags to WUKA wear
- 13:40 Audience questions
- 14:00 Break
- 14:30 **Session 8: Menstrual products and sustainability 2**  
Chair: Professor Kay Standing (Liverpool John Moores University) (P)

- University) (P)
- Janie Hampton (Menstrual Cup Coalition) (P)  
Call a period a period: exploring the language of menstruation
- 14:45 Rupinder Virdee (Binti International) (V)  
Health products and poverty
- 15:00 Dr Camilla Mørk Røstvik (University of  
Aberdeen/ Menstruation Research Network UK (Wellcome  
Trust)) (V)  
Cash flow: the businesses of menstruation
- 15:15 Audience questions
- 15:30 Break
- 16:00 **Session 9: Menstrual networks: opportunities and  
challenges**  
Chair: Dr Sara Parker (Liverpool John Moores University) (P)
- Panel discussion with:  
Milena Bacalja Perianes (Menstrual Health Hub) (P)  
Professor Chris Bobel (University of Massachusetts Boston) (V)  
Dr Camilla Mørk Røstvik (University of  
Aberdeen/ Menstruation Research Network UK (Wellcome  
Trust)) (V)  
Lucy Nkhoma (Malawi Girl Guides/ The Menstrual Cup  
Coalition) (V)  
Radha Paudel (Global South Coalition for Dignified  
Menstruation) (V)
- 17:00 End of conference

**You can join other attendees and speakers on Zoom to network between 17:15-18:00 at the end of day 3. This aspect will be managed by the conference convenors rather than the British Academy and further details will be made available to attendees ahead of the conference.**